

1 Clinical evaluation of SafeCEC® one-way valve in hemolysis during CPB: Pilot study

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17 During the preparation of this work the authors did not use any AI-assisted technology.

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22 Abstract

23 In cardiopulmonary bypass (CPB), blood circulation is temporarily maintained by an

24 artificial blood-pumping device during cardiac surgery. Worldwide, approximately half of

25 all CPB procedures utilize either centrifugal or roller pumps (1). Centrifugal pumps, while
26 non-occlusive, pose a risk of blood reflux if there is a system failure, which endangers
27 patient safety (2). SafeCEC[®], a one-way valve, offers a potential solution to this risk by
28 preventing arterial line reflux. This pilot study aims to evaluate patient safety by
29 analyzing hemolysis as an evaluation parameter. Plasma free hemoglobin is chosen to
30 measure patient safety with the use of the product, ensuring it does not cause additional
31 hemolysis during extracorporeal circulation.

32 **Materials and Methods:** After approval by the Ethics Committee, 31 patients undergoing
33 CPB with a centrifugal pump were included in the study. The patients were randomly
34 divided into two groups: group A, where SafeCEC[®] was incorporated into the arterial line,
35 and group B, which used the conventional circuit. Hemolysis was assessed by analyzing
36 plasma free hemoglobin in blood samples collected before CPB, after CPB, and 24 hours
37 after weaning from CPB.

38 **Results:** The device has been shown to be effective in controlling blood reflux,
39 eliminating the need for arterial line clamps. Analysis of plasma free hemoglobin levels
40 revealed no significant differences between the groups with or without SafeCEC[®].

41

42 **Conclusion:** The SafeCEC[®] one-way valve effectively prevents reflux without contributing
43 to blood damage, as indicated by the absence of significant hemolysis. This pilot study
44 demonstrates that the valve[®] is both safe and effective for its intended use.

45 Keywords:

46 Cardiopulmonary bypass, one-way valve, centrifugal pump, retrograde flow.

47 Introduction

48 In cardiopulmonary bypass (CPB), blood circulation is artificially driven by a blood
49 pumping device that temporarily replaces cardiac function by maintaining blood
50 circulation during cardioplegic arrest. Currently, centrifugal pumps are widely used for
51 cardiopulmonary bypass due to their non-occlusive mechanism, which reduces the risk
52 of excessive hemolysis and high afterload. However, for procedures lasting less than 3
53 hours, there is no conclusive evidence demonstrating their superiority over roller pumps,
54 which maintain consistent flow and pressure but may be associated with higher
55 hemolysis rates due to their occlusive nature (3), (4).

56 Centrifugal pumps are characterized by a non-occlusive nature and sensitivity to flow
57 resistance, that is, the flow generated by the pump varies inversely with variation of flow
58 resistance; if the resistance is equal to the outlet pressure of the pump, no flow occurs.
59 Conversely, if the flow resistance is greater than the pump outlet pressure, retrograde
60 flow will occur (5), which may result in blood volume loss, hypotension, surgical
61 exsanguination of the patient and other consequences if the event is not immediately
62 detected and controlled (6). Retrograde flow is a serious risk to patient safety without
63 an anti-reflux valve.

64 Retrograde flow detection in centrifugal pumps is performed through continuous
65 monitoring of flowmeter, but the control of retrograde flow depends solely on the
66 actions of the perfusionist, who must occlude the line through clamping to avoid reflux
67 by accelerating the rotation the centrifugal pump drive unit until it reaches 1200 to 1500
68 RPM (7). At this point, the perfusionist must end the flow. Likewise, in weaning form CPB,
69 the arterial line must be clamped while the pump still rotates.

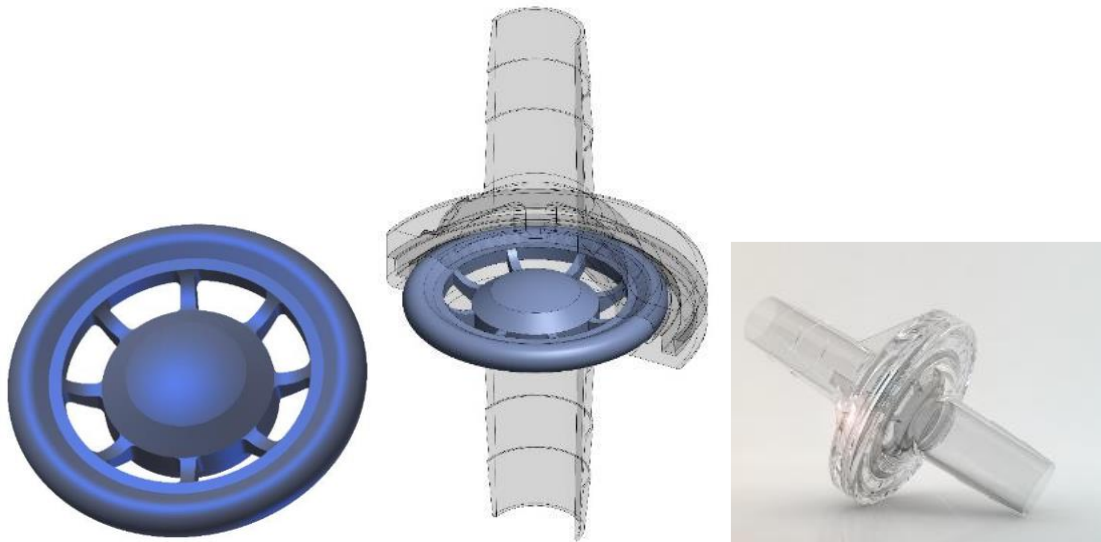
70 These are the product usage instructions that the manufacturers of such pumps have
71 defined to prevent retrograde blood flow in the arterial line. These instructions mandate
72 the establishment and maintenance of a minimum rotation speed exceeding the
73 patient's resistance, with the arterial line clamped before halting the pump's rotation
74 (8). This method imposes mechanical stress on the blood, that may be harmful (9). The
75 perfusionist undertakes to initiate or cease blood flow at rotation levels higher than
76 necessary, potentially increasing trauma to blood cells and contributing to increased
77 hemolysis in CPB.

78 Hemolysis is defined as the rupture of red blood cells, leading to the release of its
79 contents, such as hemoglobin and lactate dehydrogenase, into the plasma. The
80 hemoglobin released in plasma, or plasma free hemoglobin, subsequently binds to the
81 circulating haptoglobins, which are then metabolized in the liver. However, when
82 hemoglobin release exceeds the plasma haptoglobin concentration, plasma free
83 hemoglobin will exert its deleterious effects causing complications such as acute kidney
84 injury (10).

85 AmSECT, the American Society of ExtraCorporeal Technology, as well as the Society of
86 Clinical Perfusion Scientists, the Society for Cardiothoracic Surgery, the Association for

87 Cardiothoracic Anaesthesia and Critical Care of Great Britain & Ireland, and Brazilian
88 Society for Extracorporeal Circulation, together with Brazilian Society of Cardiovascular
89 Surgery, recommend that at least one method be used to prevent retrograde blood flow
90 during CPB in circuits using centrifugal pumps (11) (12). This document recommends that
91 at least one method of preventing backflow when using a centrifugal pump should be
92 used during CPB procedures, such as one-way flow valves; hard-stop check controls to
93 prevent accidental reduction in pump speed; electronically activated arterial line clamps;
94 or a low-speed visual and audible alarm (11).

95 In Brazil, addressing this issue constitutes a significant aspect of a perfusionist's daily
96 responsibilities, given the absence of available devices to meet this requirement. The
97 SafeCEC® valve is constructed of silicone and affixed to polycarbonate inlet and outlet
98 connectors with a 3/8" diameter. It is positioned in the arterial line of the CPB circuit,
99 specifically in the segment after the centrifugal pump outlet. This valve's primary feature
100 is its capability to permit flow in a unique direction. It was designed in the form of a
101 cartwheel (13) (14), with a central plug fixed to the center by slender rods attached to
102 the outer rim. As flow initiates and pressure builds at the valve inlet, the valve plug
103 moves away from the inlet port, allowing flow towards the valve outlet. By ceasing flow
104 at the inlet, the valve closes, preventing backflow from occurring. (Figure 1).



105

106 **Figure 1.** A: detailed depiction of the valve design; a central plug connected by rods
107 equidistant to an outer circumference sized to equalize the line passage area, resulting
108 in a smaller rod passage area and inlet and outlet connections 3/8". This design,
109 resembling a cartwheel, inspired the piece's name. B: SafeCEC® drawing showing the
110 housing profile. C: Illustrative image from SafeCEC.

111 The SafeCEC® valve is constructed of silicone and affixed to polycarbonate inlet and
112 outlet connectors. Positioned within the blood pump outlet line of the CPB circuit, this
113 valve's primary feature is the ability to permit flow in a singular direction. It was designed
114 in the form of a cartwheel, that is, a central plug fixed to the center by slender rods
115 attached to the outer rim. As flow initiates and pressure builds at the valve inlet, the
116 valve plug moves away from the inlet port, allowing flow towards the valve outlet. By
117 ceasing flow at the inlet, the valve closes, preventing backflow from occurring.

118 To clinically evaluate SafeCEC®, we propose a pilot randomized comparative study to
119 assess its safety and efficacy in cardiopulmonary bypass. Our objective includes verifying
120 whether the use of SafeCEC® increases patient risk, comparing the degree of blood
121 trauma produced in CPB procedures with and without the use of SafeCEC®.

122 Materials and Methods

123 After approval by the Ethics Committee of Hospital Pedro Ernesto – Universidade do
124 Estado do Rio de Janeiro (Rio de Janeiro, Brazil), 31 patients who underwent CPB with a
125 centrifugal pump were included. Patients were randomly assigned using the random
126 function in Microsoft Excel, without blinding, and divided into two groups: group A, in
127 which SafeCEC® was incorporated into the arterial line, and group B, where the
128 conventional circuit was used. Inclusion criteria were for patients over 18 years of age,
129 with indication for elective cardiac surgery with CPB, who agreed to participate in the
130 study.

131 Hemolysis was evaluated using the following protocol: blood samples were collected
132 from each participant for analysis of plasma free hemoglobin, before CPB, after CPB, and
133 24 hours after weaning of CPB. Plasma free hemoglobin analysis was performed by
134 collecting samples and subjecting them to centrifugation for 10 minutes at 1500 rpm.
135 Subsequently, 1 ml of plasma was collected, centrifuged again at 1500 rpm and analyzed
136 by HemoCue® Plasma/Low Hb system as per its instructions for use.

137 Other parameters analyzed were arterial blood flow, CPB time, diagnosis, type of surgery
138 performed, hematocrit levels, and descriptive data. Exploratory data analysis comprised
139 the calculation of descriptive statistics, including measures of central tendency (mean),
140 dispersion (standard deviation), percentiles, and the minimum and maximum values for
141 numerical variables, alongside frequencies and proportions for categorical variables. To
142 evaluate the distributional properties of continuous variables, the Shapiro-Wilk test was
143 employed to assess adherence to the assumption of normality (15).

144 For comparisons of continuous variables between two independent groups, parametric
145 data were analyzed using the Student's t-test. In instances where the assumption of
146 homogeneity of variances was violated, Welch's correction was applied to ensure the
147 robustness of the inference. Effect sizes were quantified using Cohen's d, a widely
148 recognized measure of effect magnitude, interpreted as follows: 0.2 representing a small
149 effect, 0.5 a medium effect, and 0.8 or higher a large effect (16).

150 For non-parametric data, the Mann-Whitney U test was utilized to compare scale scores
151 across independent variables. In these analyses, the effect size was reported as the
152 point-biserial correlation coefficient (r), which expresses the strength of association
153 between a dichotomous and a continuous variable. Interpretation of r followed the
154 thresholds proposed by Cohen (17) , with 0.10–0.29 representing a small effect, 0.30–
155 0.49 a medium effect, and values above 0.50 indicating a large effect.

156 Associations between categorical variables were examined using the chi-square test of
157 independence. Effect sizes for these associations were calculated using the Phi
158 coefficient, which ranges from 0 to 1, with values between 0.10 and 0.29 denoting a
159 small effect, 0.30 to 0.49 a medium effect, and 0.50 or greater indicating a large effect
160 (18).

161 All statistical analyses were conducted using IBM SPSS Statistics version 29 (IBM
162 Corporation, Armonk, NY, 113 USA) and Jamovi software (The Jamovi Project, 2023). A
163 significance threshold of $p < 0.05$ was applied throughout (19). We did not use the t-test
164 because the hemoglobin data did not have a normal distribution; and with a small
165 sample size, it was even more important to use other tests, in this case, non-parametric
166 tests, which is what we did, using the Mann-Whitney test. Pilot studies do not aim to

167 have high power to detect differences, but rather to assess the feasibility of the research,
168 so that a larger study can be conducted later.

169 **Results**

170 The results of this study showed that the use of SafeCEC® in CPB with a centrifugal pump
171 did not have a significant impact on hemolysis, compared to the conventional circuit.

172 The perfusionist routinely uses clamps to close the arterial line when operating the
173 heart-lung machine. With the use of SafeCEC®, it was observed that it was not necessary
174 to use clamps, because when the perfusionist reduced the pump rotation and
175 consequently, the blood flow, the valve acted immediately, preventing the occurrence of
176 reflux and without the need to clamp the arterial line. This increases the feeling of safety
177 and eliminates a task for the perfusionist in the CPB operation.

178 Exploratory data analysis included the descriptive statistics mean and standard
179 deviation. To analyze the behavior of continuous variables, descriptive statistics and the
180 Shapiro-Wilk test for normality assumption were considered. Among the 31 patients
181 recruited, 22 were male (71%) and 9 were female (29%). The mean age of the study
182 population was 59.9±12.4 years (Table 1). The mean CPB time was 102.8±40.5 minutes,
183 and the mean aortic clamping time was 80.33±33 min (Table 2).

184 Table 1. Summary of demographic data for study participants

Variables	Statistics
Age	59.9±12.4 years
Gender, n (%)	
Female	9 (29.0)
Male	22 (71.0)

Categorical variables are described as numbers (percentages); continuous variables are described as mean±standard deviation.

185 Table 2. Summary of descriptive findings

Variables	Mean±standard deviation	Minimum	Percentile			Maximum
			25	50	75	
Age	59.9±12.4 years	23	55	58	70	81
Arterial flow	5.16±0.50 L/minute	3.7	4.9	5.1	5.4	6.2
CPB time	102.8±40.5 minutes	56	69	85	127	200
Aortic clamping time	80±33 minutes	42	59.2	69	91.25	171
Initial hemoglobin level	10.57±2.49 mg/dL	5.2	9.3	10.3	12.5	16.3
Final hemoglobin level	10±4 mg/dL	5.7	8.3	9.8	10.2	30.6
Initial hematocrit level	31.48±8.5%	19	28	32	37	48
Final hematocrit level	28.68±4.7%	17	25	30	31	38
Plasma free hemoglobin before CPB	0.02±0.17 mg/dL	0.01	0.01	0.02	0.02	0.09
Plasma free hemoglobin after CPB	0.08±0.48 mg/dL	0.02	0.037	0.075	0.10	0.21
Plasma free hemoglobin 24 hours after CPB	0.03±0.15 mg/dL	0.01	0.02	0.02	0.04	0.07

186 Blood samples for analysis of hemoglobin, hematocrit and free plasma hemoglobin were
 187 collected before CPB, at the end of CPB and 24 hours post-CPB.

188 The mean baseline plasma free hemoglobin before CPB was 0.02±0.17 mg/dL and after
 189 CPB was 0.08±0.48 mg/dL, with a mean variation of 0.06 mg during CPB. However, after
 190 24 hours, levels returned to baseline. To compare continuous variables between the two
 191 groups, Student's t-test was employed for parametric data. In cases where the data
 192 lacked homogeneity of variance, Welch's correction was used to interpret the results
 193 (16). Cohen's d was used as the effect size, offering a statistical measure to quantify the
 194 difference between two groups in terms of standard deviations. Regarding the type of
 195 surgery performed, the vast majority of the studied population (70.9%) underwent
 196 coronary artery bypass grafting surgeries, alone or combined with other procedures.
 197 Table 3 shows the categorical variables related to surgery.

198 Table 3. Summary of surgical procedures

Variables	Statistics
Mitral valve replacement,	n (%)
No	26 (83.9)
Yes	5 (16.1)
Tricuspid valve repair, n (%)	n (%)
No	30 (96.8)
Yes	1 (3.2)
Aneurysm repair,	n (%)
No	29 (93.5)
Yes	2 (6.5)
Closure of interatrial communication,	n (%)
No	30 (96.8)
Yes	1 (3.2)
Coronary artery bypass grafting, n (%)	
No	9 (28.8)
Yes	22 (70.9)
Aortic valve replacement,	n (%)
No	10 (32.3)
Yes	21 (67.7)

Categorical variables are described as numbers (percentages).

199

200 **Bivariate analysis of demographic and clinical variables by group**

201 According to Table 4, there was no significant difference in hemolysis or plasma free
 202 hemoglobin concentration between groups. In group A, Group A (SafeCEC), the mean
 203 plasma hemoglobin after CPB was 0.08 ± 0.05 versus $156 \ 0.07 \pm 0.05$ in group B. Group A
 204 had two indications for blood transfusion versus three indications in group B. There was
 205 one death in group A, but the cause was unrelated to the use of the SafeCEC® valve and
 206 plasma hemoglobin data were not recorded. No adverse events were reported in the
 207 study population.

208 Table 4. Comparative analyses of clinical variables by group

Variable	Group	N	Mean±SD	P-value	Effect size
CPB time	A	15	111.1±44.3	0.439↓	0.167
	B	16	95±36.3		
Aortic clamping time	A	14	83.6±33.1	0.506↓	0.147

	B	16	76.9±33.8		
Initial hemoglobin level	A	15	10.4±1.8	0.419*	-0.295
	B	16	11.1±3		
Final hemoglobin level	A	15	10.8±5.5	0.937↓	0.021
	B	16	9.5±2		
Initial hematocrit level	A	15	29.8±7.8	0.293*	-0.385
	B	16	33.1±9.1		
Final hematocrit level	A	15	28±2.5	0.443* ^w	-0.278
	B	16	29.3±6.2		
Plasma free hemoglobin before CPB	A	14	0.02±0.01	0.5↓	0.138
	B	16	0.02±0.02		
Plasma free hemoglobin after CPB	A	14	0.08±0.05	0.451↓	0.165
	B	16	0.07±0.05		
Plasma free hemoglobin 24h after CPB	A	14	0.03±0.02	0.201↓	0.263
	B	16	0.02±0.01		

SD: standard deviation; ES: effect size: Mann-Whitney test (effect size: r biserial point); * Student's t-test (Cohen's d); ^w: Welch's correction.

209 The effect size used in the comparison of continuous variables, such as age tested by
210 Student's t-test, was Cohen's d. This statistical measure can be used to quantify the
211 magnitude of the difference between two groups in terms of standard deviations.
212 Interpretation of Cohen's d is as follows: 0.2 denotes a small effect, 0.5 indicates a
213 medium effect, and 0.8, a large effect (17). Therefore, the effect size obtained in the
214 analysis confirms the absence of age difference between the two groups.

215 The association between group and gender was analyzed using the chi-square test of
216 independence. Phi was employed to calculate the effect size, ranging from 0 to 1, with
217 higher values indicating a stronger association; therefore, as can be seen, the effect size
218 was negligible.

219 As mentioned in Materials and Methods section, the effect size used in the comparisons
 220 by the Mann-Whitney test was the r biserial point. This measure of effect size indicates
 221 the strength of association between a dichotomous variable and a continuous variable.
 222 Like other correlation values, its range spans from -1 to 1, with values closer to 1
 223 indicating a stronger association. According to Cohen (14), the cut-off points for
 224 interpretation are as follows: small: $r = 0.10$ to 0.29 ; medium: $r = 0.30$ to 0.49 ; large: $r =$
 225 0.50 and above.

226 No significant differences were observed for the variables tested in Table 5; in fact, the
 227 effect size for all variables was small.

228 Table 5. Comparative analyses of clinical variables by group

Variable	Group	N	Mean±SD	P-value	Effect size
CPB time	A	15	111.1±44.3	0.439↓	0.167
	B	16	95±36.3		
Aortic clamping time	A	14	83.6±33.1	0.506↓	0.147
	B	16	76.9±33.8		
Initial hemoglobin level	A	15	10.4±1.8	0.419*	-0.295
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Initial hematocrit level	A	15	29.8±7.8	0.293*	-0.385
	B	16	33.1±9.1		
Final hematocrit level	A	15	28±2.5	0.443* ^w	-0.278
	B	16	29.3±6.2		
Plasma free hemoglobin before CPB	A	14	0.02±0.01	0.5↓	0.138
	B	16	0.02±0.02		
Plasma free hemoglobin after CPB	A	14	0.08±0.05	0.451↓	0.165
	B	16	0.07±0.05		
	A	14	0.03±0.02	0.201↓	0.263

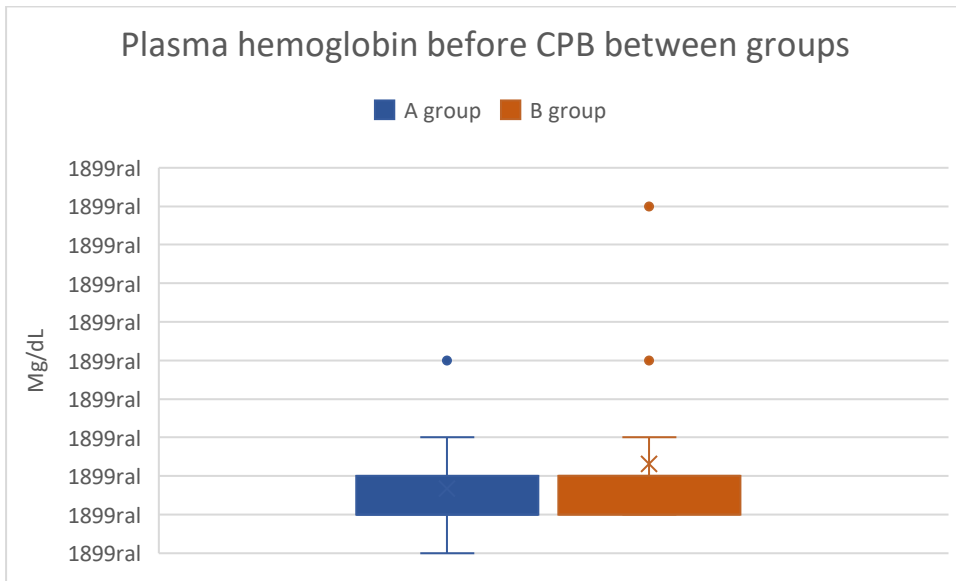
Plasma free hemoglobin	<hr/>		
24h after CPB	B	16	0.02±0.01

SD: standard deviation; ES: effect size: Mann-Whitney test (effect size: r biserial point); * Student's t-test (Cohen's d); ^w: Welch's correction.

229 The boxplots presented in Figures 2–4 illustrate the distribution of hemolysis markers
230 across the study groups. Notably, Figure 2 includes extreme outliers that significantly
231 expand its scale compared to Figures 1 and 3. To preserve the integrity of each dataset,
232 the Y-axis scales were not standardized across figures, as doing so would artificially
233 compress the distribution of Figures 1 and 3, making it difficult to discern variability and
234 quartile distribution in these groups.

235 This visualization approach ensures that the true dispersion and data trends remain
236 accurately represented, preventing misinterpretation of hemolysis levels. While some
237 outliers in Figure 2 suggest increased variability, they do not affect the median and
238 interquartile range observed in the other groups. Future studies may explore alternative
239 statistical normalization techniques; however, in this analysis, retaining distinct scales

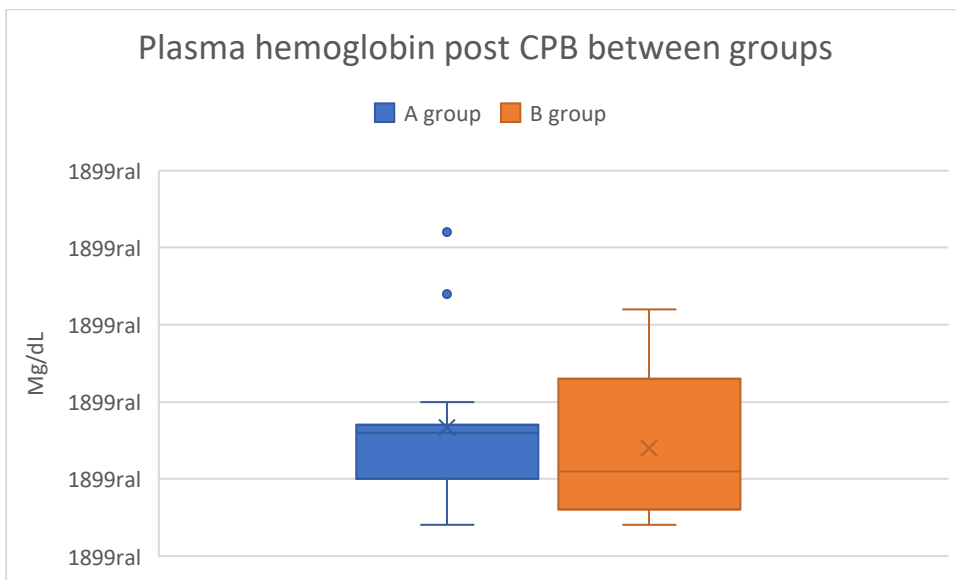
240 provides a clearer and more clinically relevant interpretation of SafeCEC® performance
241 in preventing retrograde flow-induced hemolysis.



242

243 *Figure 2. Boxplot comparing plasma hemoglobin before CPB between groups.*

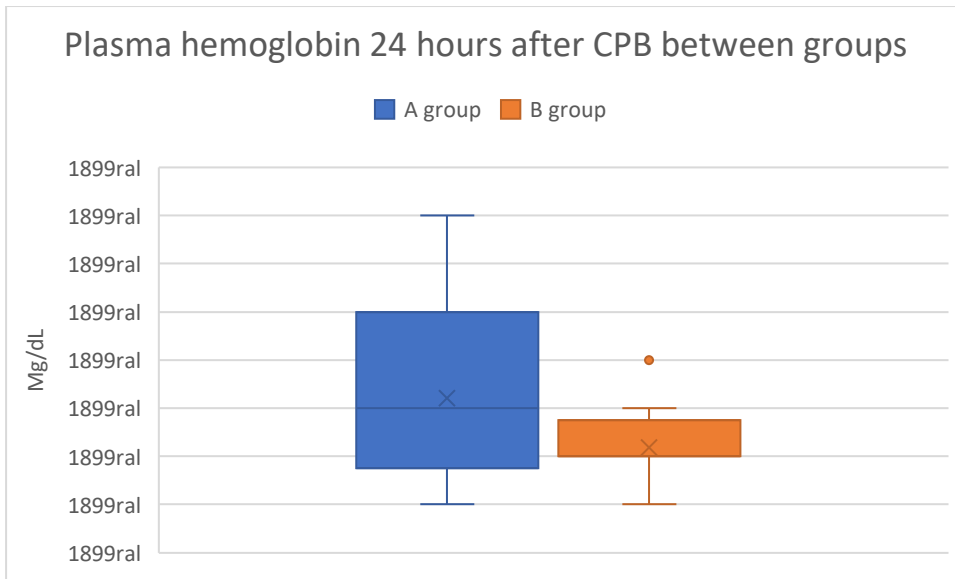
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246 *Figure 3. Boxplot comparing plasma hemoglobin after CPB between groups*

247



248

249 *Figure 3. Boxplot comparing plasma hemoglobin 24 hours after CPB between groups.*

250

251 The results of this study suggest that the use of SafeCEC® in CPB with a centrifugal pump
 252 is safe and does not elevate the hemolysis normally generated by CPB.

253 **Discussion**

254 Hemolysis is found in all surgical procedures using extracorporeal circuits. Several studies
 255 have identified rising levels of plasma free hemoglobin (18) (19), designating it as a
 256 marker of blood trauma. Hemolysis can occur in three distinct ways: natural selection of
 257 the spleen, physicochemical imbalance (21), or by exposing cells to mechanical stress
 258 conditions (22), as observed during artificial blood pumping (23).

259 In the case of CPB, hemolysis occurs by mechanical stress, induced either by direct
 260 trauma from blood passage through rollers or exposure to different surfaces at different
 261 speeds. Centrifugal pumps, favored by Brazilian perfusionists, offer an alternative to
 262 roller pumps. Thus, measurement of hemolysis serves as a sensitive means to assess the
 263 safety of a medical device added into the arterial line of the CPB circuit.

264 Evaluation with pre-CPB, post-CPB and 24-hour measurements is an appropriate method
265 for the clinical evaluation of SafeCEC®.

266 According to the article *Estatística Cardiovascular – Brasil 2021*, published in the journal
267 *Arquivos Brasileiros de Cardiologia*, in 2019, 79,590 cardiac surgeries were performed in
268 Brazil, with 46,362 (58.2%) involving CPB and 33,228 (41.8%) without CPB (18). We
269 estimate that 30 to 40% of surgeries with CPB have used a centrifugal pump, equating
270 to 15,000 to 18,000 surgeries, or possibly even a higher number (24). This shows the
271 significant exposure to the risk of blood reflux associated with the use of a centrifugal
272 pump in case of mechanical failure or delay in clamping the arterial line.

273 The uncertainty surrounding the safety of centrifugal pumps has led organizations such
274 as the American Society of ExtraCorporeal Technology, the Society of Clinical Perfusion
275 Scientists, the Society for Cardiothoracic Surgery and the Association for Cardiothoracic
276 Anaesthesia and Critical Care of Great Britain & Ireland to recommend the adoption of
277 at least one method to mitigate the risk of retrograde blood flow during CPB in circuits
278 using centrifugal pumps. Standard 6.7 from AMSECT Guideline (Minneapolis, MN) (11)
279 stipulates that "At least one method must be used to prevent retrograde flow for
280 systemic circulation in circuits with centrifugal pumps". The document also cites one-
281 way flow valves as examples of safety devices for controlling backflow. According to Kolff
282 et al. (25), reflux and the resulting negative pressure act as a hemodynamic siphon,
283 aspirating the patient's arterial blood and potentially leading to patient exsanguination
284 and its consequences. In addition, according to Kolff (6), a reflux can start within just 540
285 milliseconds after stopping the pump and this reflux can reach a flow rate of 2.5 L/min
286 after another 470 milliseconds.

287 In this pilot study, SafeCEC[®] demonstrated effectiveness in controlling reflux in the
288 arterial line. Its operation eliminates the need for arterial line clamping, enhancing the
289 safety and ease of CPB initiation and termination for the perfusionist. The valve stops
290 the flow when the pressure at the inlet equals the outlet pressure, preventing backflow.
291 In this way, SafeCEC[®] fulfills its objective of protecting the arterial line from reflux
292 without causing an increase in hemolysis during CPB. *This valve reduces the immediate*
293 *need for arterial line clamping upon coming off CPB, thereby simplifying the transition*
294 *process for the perfusionist. However, appropriate clamping remains necessary at a later*
295 *stage to ensure optimal procedural safety, particularly if the centrifugal pump drive is off*
296 *and there is no concern for shear stress on blood cells during clamping.* In addition, the
297 SafeCEC[®] valve did not cause additional damage to the blood, as evidenced by the
298 hematological and biochemical parameters evaluated.

299 There was no significant difference between the groups with and without the SafeCEC[®]
300 valve.

301 Conclusion

302 The perfusionist, responsible for conducting CPB procedures, is aware of the risks,
303 human factors and mechanical failures that can occur during CPB. In each case, the goal
304 is to provide a safe and uneventful perfusion process. Safe perfusion entails
305 understanding and implementation of best practices for CPB procedures, adequate
306 training and well-defined protocols and instructions for handling various controls for
307 conducting a CPB procedure. Additionally, continuous monitoring of vital functions is
308 imperative to maintain patient safety throughout CPB (26).

309 The SafeCEC® one-way valve adequately fulfills this requirement. However, this study is
310 limited by its small sample size and single-center design. To calculate the sample size, an
311 expected effect size of 0.50, a study power of 80% and a significance level of 5% were
312 considered. This calculation yielded a requirement of 67 patients in each group, totaling
313 134 patients in the sample.

314 Given these limitations, we recommend that future studies be carried out with a larger
315 number of patients, across different centers, with a control group without the valve, and
316 incorporating a wider range of clinical outcomes and a cost-effectiveness analysis.

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